

2025 Vision Plan

REFLECT ON 2024

① What are 3 things your most proud of from 2024?

② What is the biggest lesson you learned?

③ What do you wish you had done differently?

**"Growth Knows
No Limits"**

- Coach K

Mainly Coaching
for Life, Business & Relationships





SET YOUR VISION FOR 2025

① How do you feel want to feel at the end of 2025?

② What is one word or mantra that will guide your year?

③ Write a vision statement for your year:

DEFINE YOUR GOALS FOR 2025

① What is the goal?

② Why is this important to you?

③ What is one action you can take this month towards it?

Example Vision Statement

In 2025, I am thriving in my career, maintaining balance in my personal life, and confidently stepping into opportunities that align with my values.



December 2024

My family and I enjoying the end of the year together in Jamaica! I am looking forward to more travel in 2025!



COMMIT TO ACTION

1 Write down one action you'll take this week to start moving toward your 2025 vision?

2 What is one habit you will start building this month that aligns with my goals?

3 One limiting belief I will work on reframing this year?

IDENTIFY YOUR SUPPORT SYSTEM

1 People I can rely on for support?

2 Tools or resources I can use? (e.g planners, apps, coaching)

3 What habits or routines I can establish to stay focused & consistent?

